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BOOK REVIEWS

PRINCIPLES OF MEDICAL TREATMENT. By George Cheever Shattuck, M.D., Assistant Physician to the Massachusetts General Hospital. Third edition revised and enlarged. W. M. Leonard, Boston, Mass. Price, \$1.50.

Doctor Shattuck has treated an intricate subject in an original manner, which is especially notable when the extreme brevity of the work is considered. This, however, has not detracted from its success. Written primarily for the use of medical students, former editions have found favor with practitioners, and nurses have found, and will continue to find, much valuable help from the book.

REST, SUGGESTION AND OTHER THERAPEUTIC MEASURES IN NERVOUS AND MENTAL DISEASES. By Francis X. Dercum, A.M., M.D., Professor of Nervous and Mental Diseases in the Jefferson Medical College, Philadelphia; second edition. P. Blakiston's Son and Company, Philadelphia. Price, \$3.50.

This book requires careful reading as all the different forms of real and imaginary mental disturbances are considered as affected by rest. It contains many references to old-time beliefs as to what were the causes of mental aberration, and their treatment.

THE STARVATION TREATMENT OF DIABETES, WITH A SERIES OF GRADUATED DIETS. By Lewis Webb Hill, M.D., Junior Assistant Visiting Physician, Children's Hospital, Boston; and Rena S. Eckman, Dietitian, Massachusetts General Hospital, Boston, 1911-1916. With an introduction by Richard C. Cabot, M.D. Third edition, W. M. Leonard, Boston. Price, \$1.00.

Any nurse who has been suddenly called to care for a patient suffering with diabetes immediately begins to think of the diet. If she is fortunate enough to possess a copy of the "*Allen*" *Starvation Treatment* of the disease much of her concern will disappear. The diet is always of such importance, is of such deep interest to the patient, who is likely to feel abused at the necessary restrictions, that the attractive recipes and diet tables would be of great assistance. The recipes need not, however, be confined to those ill with diabetes. Would not this appeal to anyone? "Tomato Basket of Plenty: Cut a medium-sized tomato in shape of a basket, leaving stem end on top of handle. Fill

basket with cold string beans cut in small pieces and two halves of English walnut meats cut in pieces, moistened with French dressing. Serve on lettuce leaf." The names of many diabetic foods are familiar to nurses. These foods have been analyzed at the Connecticut Agricultural Experiment Station, and many of them have been proved to be undesirable for patients with diabetes. These analyses are given in this book.

STATE BOARD QUESTIONS AND ANSWERS FOR NURSES. Being the actual questions submitted at the examinations of 31 state examining boards for nurses, with answers. Compiled and edited by John Foote, M.D., Washington, D.C. J. B. Lippincott Company, Philadelphia, Pa. Price, \$2.50.

The preface of this book contains Dr. Foote's acknowledgment of the assistance which was given him by two nurses, and also mentions many well-known books as authority. This is the only book of the kind, and it will undoubtedly be of great help to those preparing for examinations, either as an examiner or as one to be examined. It is very complete and contains a valuable store of information.

FIRST LESSONS IN SPOKEN FRENCH FOR DOCTORS AND NURSES. By Ernest H. Wilkins, Algernon Coleman and Ethel Preston. University of Chicago Press, Chicago, Ill. Price 50 cents, postage 4 cents.

This little book of thirty-six lessons gives, in condensed form, vocabularies in use in hospitals and hints in regard to construction and pronunciation. It would be difficult for anyone to learn French pronunciation without a teacher, but after she has had a few lessons in spoken French, a nurse might learn much from this volume, while one who had formerly studied academic French, would find it invaluable in giving her the sick-room terms omitted from the usual text-books. For instance, the vocabularies cover parts of the body, articles of food, pieces of the uniform, symptoms, questions which one might wish to ask or to answer. The book is small, light in weight and is bound for service.

HANDBOOK OF GYNECOLOGY FOR STUDENTS AND PRACTITIONERS. By Henry Foster Lewis, M.D. and Alfred de Roulet, M.D. 177 illustrations. C. V. Mosby Company, St. Louis.

A volume for physicians and medical students, but of use as a reference book for nurses.